

## *Canteen Menu 2022 August*

Canteen Hours of Opening  
9:00am - 12:00 noon  
Tuesday to Friday

**Online orders to be finalised by 9:00am**

Preschool orders via QKR only

Download QKR via the App Store or Google Play.



Cash orders to be placed in the classroom  
tray by 8:45am

Lunch Play Time 11:20 - 11:50  
Lunch Eating Time: 11:50 - 12:00

Canteen Contact Information  
Phone: 8264 9588  
Email: paravista.canteen@gmail.com

### Sandwiches & Roll

	Sandwich	Roll
Cheese (v)	\$2.00	\$2.50
Cheese & Salad	\$3.00	\$3.50
Cheese & Tomato	\$2.50	\$3.00
Chicken	\$2.00	\$2.50
Chicken & Cheese	\$2.50	\$3.00
Chicken, Cheese & Tomato	\$3.00	\$3.50
Chicken, Lettuce & Mayo	\$2.50	\$3.00
Chicken & Salad	\$3.00	\$3.50
Ham	\$2.00	\$2.50
Ham & Cheese	\$2.50	\$3.00
Ham, Cheese & Tomato	\$3.00	\$3.50
Ham & Salad	\$3.00	\$3.50
Salad (v)	\$2.50	\$3.00
Vegemite (v)	\$1.50	\$2.00
Vegemite & Cheese (v)	\$2.00	\$2.50

### Toasted Sandwiches

Cheese (v)	\$2.20
Cheese & Tomato (v)	\$2.70
Chicken & Cheese	\$2.70
Chicken, Cheese & Tomato	\$3.20
Ham & Cheese	\$2.70
Ham, Cheese & Tomato	\$3.20
Vegemite & Cheese (v)	\$2.20



Our school makes every effort to adhere to the mandated DECD  
Right Bite policy.

This policy has a very strong intention to ensure that schools  
promote and support healthy eating habits with children.

### Fruit

Frozen Fruit Salad (Seasonal)	\$2.80
Apple + Slinky	\$1.00
Slinky for BYO Apple	\$0.10

### Drinks

Bottled Water	\$1.50
Juice Box (Apple, Apple B/currant, Orange)	\$2.20
Milk Small (Choc, Strawberry)	\$2.00
Milk Large (Choc, Strawberry)	\$2.70
Up & Go (Choc, Strawberry, Vanilla)	\$2.70

### Frozen Treats

Not available for Preschool

Jelly Pencils	\$0.20
Quelch Ice-block Stick	\$0.80
Mini Frozen Yoghurt	\$0.90
Juicie Iceblock	\$1.20
Frozen Fruit Cup	\$1.30
Ice-cream Pop	\$1.30
Ice Mony	\$1.30
Krazy Krush Slushie	\$2.00
Krazy Krush Slushie + Sour	\$2.20

### Additional Condiments

BBQ Sauce	\$0.30
Tomato Sauce	\$0.30
Sour Cream	\$0.40
Sweet Chilli Sauce	\$0.30

*Prices effective from June 2022 and subject to change*

## Amber Menu Choices

Chicken Chippees (each) *	\$0.70
Chicken Nuggets (each)*	\$0.70
Chicken Pie *	\$5.00
Meat Pie *	\$5.00
Sausage Roll *	\$4.80
Sausage Roll Half *	\$2.40
Hot Dog Full w or w/o sauce	\$4.00
Hot Dog Half w or w/o sauce	\$2.20
Hot Dog Bites Full w or w/o sauce	\$4.00
Hot Dog Bites Small w or w/o sauce	\$3.00
Pizza Ham	\$4.40
Ham + P/apple	\$4.60
BBQ Chicken + P/apple	\$4.60
Potato Wedges (v) choice of 2 sauces	\$4.30
Yumbo (Hot Ham & Cheese Roll)	\$4.00
Garlic Bread	\$2.50

## Snack Foods

Popcorn	\$0.60
JJ's	\$1.50
Pirahna Snaps	\$2.00

Watch QKR for current availability

(v) = vegetarian  
\* sauce additional cost

## Value Meal Deals

### Meal Deal 1 – Cheeseburger

Choice of Water, Milk or Juice Box  
Choice of Ice-cream Pop or Juicie Ice-block

**Regular \$7.50**  
**V \$8.50**

### Meal Deal 2 – Pizza

Choice of Water, Milk or Juice Box  
Choice of Ice-cream Pop or Juicie Ice-block

**\$7.00**

### Meal Deal 3 – Pasta

Lasagne, Pasta Bolognaise or Mac & Cheese  
Choice of Water, Milk or Juice Box  
Choice of Ice-cream Pop or Juicie Ice-block

**\$8.00**

**Low Gluten Lasagne option \$8.50**

### Meal Deal 4 – Hotdog or Hotdog Bites

Choice of Water, Milk or Juice Box  
Choice of Ice-cream Pop or Juicie Ice-block

**\$7.00**

## Birthday Buckets \$19.00

Choice of Gold, Black Sparkle, Blue or Pink celebration bucket filled with enough Ice-blocks for your child and their classmates.

## Green Menu Choices

### Hot Foods

Baked Potato (Term 3 only)	
Butter and cheese	\$4.00
Add ham	\$4.50
Add ham & pineapple	\$5.00
Cheeseburger ∞	\$5.00
Cheeseburger (v)	\$6.50
Chicken Burger with cheese	\$5.00
Chickenburger (v)	\$5.50
Lasagne	\$6.00
Lasagne Low Gluten ∞ N/A	\$5.50
Macaroni Cheese (v) ∞	\$6.00
Pasta Bolognaise ∞	\$4.90
	\$5.00

∞ Made onsite in the canteen

## Wraps

### Fresh

Chicken & Salad	\$4.50
Ham & Salad	\$4.50
Salad (v)	\$4.00

### Toasted

Chicken & Cheese	\$4.00
Chicken, Tomato & Cheese	\$4.50
Ham & Cheese	\$4.00
Ham, Cheese & Tomato	\$4.50