

# Para Vista Preschool Quality Improvement Plan 2026

## Goal:

To strengthen children's capacity for self-regulation by fostering responsive educator-child relationships that actively support co-regulation, while honouring and promoting each child's agency and participation in their emotional development

## How?

Implementing intentional practices that invite children to express their emotions, preferences, and perspectives, ensuring their voices guide routines and problem-solving processes.

Create inclusive learning environments with embedded opportunities for children to make choices and meaningfully participate in developing self-regulation skills.

Collect and reflect on evidence of children's agency and co-regulation through observations, documentation, and collaborative discussions with families.

Provide regular professional learning for educators on co-regulation strategies and the importance of responsive, attuned interactions.

## Success Criteria

- Educators consistently respond to children's emotions and needs in a warm, attuned and respectful manner.
- Children demonstrate increasing ability to identify, express and manage their feelings with guidance from educators.
- Observations and documentation show children participating in decision-making and daily routines, reflecting their sense of agency and inclusion.
- Families report that their children feel safe, valued and supported at preschool, as indicated in regular feedback and surveys.
- Evidence of strong, trusting relationships is observed between educators and children, and among peers, through collaborative and positive interactions.

## Early Years Learning Framework

**Outcome 1:** Children have a strong sense of identity

Valuing children's agency supports their confidence and autonomy as learners

**Outcome 3:** Children have a strong sense of wellbeing

Co-regulation directly supports the development of self-regulation skills, which are essential for emotional wellbeing.

Responsive relationships help children to manage their emotions, build resilience, and develop competence in social and emotional skills.

**Outcome 5:** Children are effective communicators

Providing children with opportunities to express their needs, feelings, and ideas fosters communication and language skills.

Valuing and responding to children's voices encourages confident communication and deeper engagement.

## Area of Impact

Effective Learners/  
Learner Agency

## NQS

**Element 2.1.1 – Wellbeing and comfort:**  
Each child's wellbeing and comfort is provided for, including appropriate opportunities to meet each child's need for sleep, rest, and relaxation.

**Element 5.1.1 – Positive educator to child interactions:**  
Responsive and meaningful interactions build trusting relationships which engage and support each child to feel secure, confident and included.